



# BIKE TO WORK DAY

MAY 14, 2009

## Bike to Work Day Events Calendar Updated 4/3/09

Check our website for the latest list of events  
<http://btwd.bayareabikes.org/node/8>

Wednesday, April 1st - Wednesday, May 13th

### **Bike Safety Checkup Offer**

By Appointment

*Get your bike ready for BTWD with a mini checkup for \$10: chain lube, tire inflation, safety assessment and recommendations.*

Located at Marin County bike shops in Marin County.

Hosted by Marin County Bicycle Coalition. For more information, please call Jo Ann Richards at 415-456-3469 x7#, email [joann@marinbike.org](mailto:joann@marinbike.org) or logon to [www.marinbike.org](http://www.marinbike.org).

Saturday, April 11th

### **SFBC Bike Buddy Routes Ride: The Wiggle**

2:00PM-3:00PM

*Each second Saturday of the month the SFBC Bike Buddies hit the street to acquaint new riders with common or challenging bike commute routes in San Francisco with a Route Ride. An experienced bike commuter leads these rides at an easy pace; new riders are encouraged. In April, familiarize yourself with the Wiggle, one of San Francisco's most famous bike routes, connecting Market Street to Golden Gate Park, NOPA, the Richmond and the Sunset. The ride will begin and end at the Duboce Bikeway. Heavy rain cancels*

Located at Meet at Duboce Bikeway at Market Street in San Francisco.

Hosted by San Francisco Bicycle Coalition. For more information, please email [bikebuddy@sfbike.org](mailto:bikebuddy@sfbike.org) or go to [www.sfbike.org/?bikebuddy](http://www.sfbike.org/?bikebuddy).

### **Bike to Work Day Outreach at Danville Farmer's Market**

9:00AM-1:00PM

*Learn about your local bicycle scene while you shop for fresh, locally grown, organic produce. Register for Bike to Work Day, nominate a bicycling champion as the Bike Commuter of the Year. It doesn't get any better (or greener) than this. Come on down and do some shopping. Stop by our table, and let's talk some advocacy. EBBC will have a table at this event, to discuss local advocacy goals, renew memberships, and sign up new members. Stop by and say "Hi." Join or renew your EBBC membership at the event at the \$20.00 level or above and you will receive a free EBBC map. If you would like to help out at our table we'd love to see you there.*

Located at Railroad & Prospect Streets in Danville.

Hosted by East Bay Bicycle Coalition. For more information, please call Dave Campbell at 510.701.5971, email [dcampbel@lmi.net](mailto:dcampbel@lmi.net) or logon to [www.ebbc.org/btwd](http://www.ebbc.org/btwd).

Saturday, April 18th - Saturday, June 27th

**Free Urban Bicycle Safety Classes**

12:00AM-12:00AM

*Street Skills classes that teach you how to share the road safety on the busy streets of the East Bay*

Located at various cities: sign up online in throughout the East Bay.

Hosted by East Bay Bicycle Coalition. For more information, please call Dave Campbell at 510.701.5971, email [safety@ebbc.org](mailto:safety@ebbc.org) or logon to [www.ebbc.org/safety](http://www.ebbc.org/safety).

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Wednesday, April 22nd

**How to Bike Anywhere and Fix a Flat**

6:30PM-8:00PM

*Just in time for Bike to Work Day, the SFBC will show you the best way to get around town quickly and safely by bike and how to fix a flat tire--the most important bike maintenance skill. All this great info in just 90 minutes!*

Located at Sports Basement, 1590 Bryant St (at 16th) in the Grotto in San Francisco.

Hosted by San Francisco Bicycle Coalition. For more information, please go to [www.sfbike.org](http://www.sfbike.org).

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Sunday, April 26th

**Low-cost bike tuneups at Albany Spring Art & Music Festival/Bicycle Valet Parking sponsored by J**

11:00AM-4:00PM

*For the second consecutive year, the mechanics from Street Level Cycles will team with Albany Strollers & Rollers to offer low cost tune-ups and repairs in our Festival booth so you can ride with the best of them. AS&R is the local advocacy group working to make it safer and more convenient to ride and walk in Albany. Street Level Cycles is a unique bicycle shop in Berkeley that functions as a classroom as well as a full scale used bicycle shop. So roll, drag, push or pull your old bike over to the Festival, and Street Level Cycles will help you get your bike working for Bike to Work Day and beyond! See you at the Festival!*

Located at Memorial Park, 1331 Portland Ave, Albany in Albany.

Hosted by Albany Strollers & Rollers. For more information, please go to <http://www.albanyca.org/index.aspx?page=722>.

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Thursday, April 30th

**Commuter Convoys**

7:45AM-7:45AM

*In time for Bike to Work Day, we're getting newbie cyclists comfortable on their morning commute by providing an opportunity to roll downtown in the company of other cyclists. Formerly called "Bike Buses," we'll have Commuter Convoys departing each of the eleven districts from neighborhood meet-up spots, bound for downtown. For locations and details go to: <http://www.sfbike.org/?commuterconvoy> San Francisco.*

Hosted by San Francisco Bicycle Coalition. For more information, please go to [www.sfbike.org/?commuterconvoy](http://www.sfbike.org/?commuterconvoy).

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**Free Urban Bicycle Safety Classes: Richmond**

6:00PM-9:30PM

*Learn to Drive a Bike - FREE Urban Bike Safety Classes! 3.5-hour classroom course, teaches basics of safe cycling, riding in traffic, equipment, crash avoidance, rights and responsibilities. Adults 14 and over. No bike needed.*

Located at Kaiser Richmond Medical Center in Richmond.

Hosted by East Bay Bicycle Coalition. For more information, please call Dave Campbell at 510.701.5971, email [safety@ebbc.org](mailto:safety@ebbc.org) or logon to [www.ebbc.org/safety](http://www.ebbc.org/safety).

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Friday, May 1st

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**I Like My Bike Night @ Ashkenaz** 8:00PM-11:45PM

*An all-ages not-for-profit music venue. Planned for the first Friday of every month, some elements of Bike Night they are working on include: A bike "bus" social ride from the campus and a few BART stations to get to and from the venue Fun, crazy, dancey type bands to get the dance floor up and poppin' Projection of bike related films Fender Blender smoothies Some aspects of the show will be pedal powered* **Saturday, May 2nd** 9:00AM-4:00PM

Discounted entry with receipt from valet bike parking corral

Located at Ashkenaz, San Pablo & Gilman in Berkeley.

Hosted by Going Greener Committee, Ashkenaz. For more information, please go to [www.ashkenaz.com](http://www.ashkenaz.com).

**Ales and Trails**

*Beer tasting, guided ride, skills clinic, gourmet BBQ, goodies. Opportunity to demo bikes and participate in silent auction, Shimano Youth Series race, and Dirt Rag Photo Contest.*

Located at Miwok Meadow, China Camp State Park in San Rafael.

Hosted by IMBA. For more information, please go to

[www.alesandtrails.net/Home.html](http://www.alesandtrails.net/Home.html).

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**How to Bike Anywhere and Fix a Flat** 2:00PM-3:30PM

*Just in time for Bike to Work Day, the SFBC will show you the best way to get around town quickly and safely by bike and how to fix a flat tire--the most important bike maintenance skill. All this great info in just 90 minutes!*

Located at Sports Basement, 1590 Bryant St (at 16th) in the Grotto in San Francisco.

Hosted by San Francisco Bicycle Coalition. For more information, please go to

[www.sfbike.org](http://www.sfbike.org).

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**Sunday, May 3rd**

**Street Skills for Bike Riders -- Adult Class** 8:45AM-12:45PM

*An awesome class to learn how to ride safety, visibly, and confidently. You'll become an empowered bike rider who communicates clearly with all road users.*

Located at Register to Receive Location in Santa Rosa.

Hosted by Sonoma County Bicycle Coalition. For more information, please call

Tim Bacon at 707-545-0153, email [TimB@BikeSonoma.org](mailto:TimB@BikeSonoma.org) or logon to

[www.BikeSonoma.org](http://www.BikeSonoma.org).

RSVP Requested.

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**Street Skills for Bike Riders -- Youth Class** 1:45PM-3:45PM

*For ages 12-15. Learn the rules of the road, how to communicate clearly with all road users, and ride safely and confidently. Also eligible for court diversion program.*

Located at Register to Receive Location in Santa Rosa.

Hosted by Sonoma County Bicycle Coalition. For more information, please call

Tim Bacon at 707-545-0153, email [TimB@BikeSonoma.org](mailto:TimB@BikeSonoma.org) or logon to

[www.Bikesonoma.org](http://www.Bikesonoma.org).

RSVP Requested.

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**SFBC Bike Doctors** 11:00AM-1:00PM

*Let the SFBC's volunteer Bike Mechanics get you rolling for Bike to Work Day with free basic bike maintenance like oiling chains, adjusting seats and fixing flat tires.*

*Heavy rain cancels.*

Located at Panhandle (Fell at Masonic); Duboce Bikeway; McAllister at Webster;

Garfield Park (26t at Harrison) in San Francisco.

Hosted by San Francisco Bicycle Coalition. For more information, please go to

[www.sfbike.org](http://www.sfbike.org).

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**Monday, May 4th**

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**Macaframa: SFBC Bike Movie Night at the Independent** 8:00PM-12:00AM

*Come out with the SFBC and the Independent for a special screening of Macaframa. Macaframa is a beautiful film by Colin Arlen and Colby Elrick track bike riding on the streets of San Francisco. Free bike valet will be provided. For information contact Kate@sfbike.org* **Wednesday, May 6th** 5:00PM-9:00PM

Located at The Independent, 628 Divisadero St in San Francisco.

Hosted by San Francisco Bicycle Coalition. For more information, please go to [www.sfbike.org/?btwd](http://www.sfbike.org/?btwd).

**SFBC Bike to Work Day Bag Stuffing Party**

*This is our biggest Volunteer Night of the year as we gear up for Bike to Work Day at our annual Bag Stuffing Party! This year it is SO big, we are hosting it in Sports Basement's Grotto. Join us as we stuff over 5,000 reusable Bike to Work Day shopping totes full of goodies. Enjoy good company, snacks, and dinner is on us! Bring your bike into the store with you and take the elevator down to the grotto for bike parking*

Located at Sports Basement, 1590 Bryant St (at 16th) in the Grotto in San Francisco.

Hosted by San Francisco Bicycle Coalition. For more information, please email [kate@sfbike.org](mailto:kate@sfbike.org) or go to [www.sfbike.org/?btwd](http://www.sfbike.org/?btwd).

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**Thursday, May 7th**

**Commuter Convoys** 7:45AM-7:45AM

*In time for Bike to Work Day, we're getting newbie cyclists comfortable on their morning commute by providing an opportunity to roll downtown in the company of other cyclists. Formerly called "Bike Buses," we'll have Commuter Convoys departing each of the eleven districts from neighborhood meet-up spots, bound for downtown. For locations and details go to: <http://www.sfbike.org/?commuterconvoy> San Francisco.*

Hosted by San Francisco Bicycle Coalition. For more information, please go to [www.sfbike.org/?commuterconvoy](http://www.sfbike.org/?commuterconvoy).

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**Saturday, May 9th**

**SFBC Bike Buddy Routes Ride: Mission to City College** 2:00PM-3:30PM

*Each second Saturday of the month the SFBC Bike Buddies hit the street to acquaint new riders with common or challenging bike commute routes in San Francisco with a Route Ride. An experienced bike commuter leads these rides at an easy pace; new riders are encouraged. In May, learn the best commute route from the Mission up to Ingleside, home to City College and SF State. The ride will begin and end at Mission Playground. Heavy rain cancels.*

Located at Meet at Mission Playground, Valencia St at 19th. in San Francisco.

Hosted by San Francisco Bicycle Coalition. For more information, please email [bikebuddy@sfbike.org](mailto:bikebuddy@sfbike.org) or go to [www.sfbike.org/?bikebuddy](http://www.sfbike.org/?bikebuddy).

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**Bike Day at the Berkeley Farmer's Market** 10:30AM-2:30PM

*FREE bicycle tuneups plus a full day of bicycle education, bike safety, and practical tips! 10:30 to 11:00 How to Lock your Bike (presented by Missing Link) 11:00 to 11:30 Outfitting Your Bike For Everyday Transportation (presented by Kurt Abrams, long time cyclist and BFBC member/ participant) 11:30 to 1:00 Safer Cycling (presented by Tom Ayres, certified instructor by the American League of Cyclists) 1:00 to 2:20 On-the-Road Repairs (presented by the Bike Station mechanics -Gregg, Bakari and Felipe) All day Volunteers available all day to show people how to effectively lock a bike Exhibit of trailers and other ways to carry stuff by bike. Mechanic on duty all day for service BFBC is sponsoring this event, to discuss local advocacy goals, renew memberships, and sign up new members. Stop by and say "Hi." Join or renew your EBBC/BFBC membership at the event at the*

\$20.00 level or above and you will receive a free EBBC map.

Located at Center Street, at Milvia, downtown Berkeley in Berkeley.

Hosted by Bicycle-Friendly Berkeley Coalition. For more information, please email

Judith Reich at [mayith@yahoo.com](mailto:mayith@yahoo.com) or go to <http://www.ebbc.org/?q=node/3029>.

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**Bike to Work Day Outreach at Clayton Farmer's Market**

8:00AM-12:00PM

*Bike to Work Day outreach and registration of bicyclists for the biggest bicycling event of the year.*

Located at Diablo Street, between Main and Center in Clayton.

Hosted by East Bay Bicycle Coalition. For more information, please call Dave

Campbell at 510.701.5971, email [dcampbel@lmi.net](mailto:dcampbel@lmi.net) or logon to

[www.ebbc.org/btwd](http://www.ebbc.org/btwd).

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**Monday, May 11th**

**Musette Bag Stuffing Party**

12:00PM-6:00PM

*Help us stuff goodies into 4000 bags. Free burritos and drinks for all volunteers, thanks to our spo*

Located at REI Berkeley, 1338 San Pablo Ave; (near Gilman) in Berkeley.

Hosted by East Bay Bicycle Coalition. For more information, please call Dave

Campbell at 510.701.5971, email [dcampbel@lmi.net](mailto:dcampbel@lmi.net) or logon to

[www.ebbc.org/btwd](http://www.ebbc.org/btwd).

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**Tuesday, May 12th**

**How to Bike Anywhere and Fix a Flat**

6:30PM-8:00PM

*Just in time for Bike to Work Day, the SFBC will show you the best way to get around town quickly and safely by bike and how to fix a flat tire--the most important bike maintenance skill to have. All this great info in just 90 minutes!*

Located at REI, 840 Brannan Street (at 9th) in San Francisco.

Hosted by San Francisco Bicycle Coalition. For more information, please go to

[www.sfbike.org](http://www.sfbike.org).

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**Thursday, May 14th**

**End-of-Day party**

4:00PM-6:00PM

*Celebrate Bike to Work Day and honor Bike Commuter of the Year*

Located at 1 Gate 6 Road in Sausalito.

Hosted by Marin County Bicycle Coalition. For more information, please call Jo

Ann Richards at 415-456-3469 x7#, email [joann@marinbike.org](mailto:joann@marinbike.org) or logon to

[www.marinbike.org](http://www.marinbike.org).

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**Bike Home From Work Celebration**

5:30PM-8:30PM

*Celebrate your Bike to Work awesomeness with others as awesome as you. Drinks, food, and a great time.*

Located at Trek Store Santa Rosa, 512 Mendocino Ave at Seventh in Santa Rosa.

Hosted by Sonoma County Bicycle Coalition, Trek Store Santa Rosa. For more

information, please call Sandra Lupien at 707-545-0153, email

[SandraL@BikeSonoma.org](mailto:SandraL@BikeSonoma.org) or logon to [www.BikeSonoma.org](http://www.BikeSonoma.org).

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**Bike Away from Work Party**

5:30PM-8:30AM

*A celebration of all things Bike Today. Cyclecide Heavy Pedal Bike Rodeo, Bicycle Fashion Show, Bike Commuter of the Year Awards, join us--absolutely free!*

Located at Telegraph & 49th, next to Frazee Paint in Oakland.

Hosted by East Bay Bicycle Coalition. For more information, please call Dave

Campbell at 510.701.5971, email [dcampbel@lmi.net](mailto:dcampbel@lmi.net) or logon to

[www.ebbc.org/btwd](http://www.ebbc.org/btwd).

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**SFBCs Bike Away from Work Party**

6:00PM-10:00PM

*You're invited to the San Francisco Bicycle Coalition's free, fun, and fabulous Bike Away from Work Party! Stop by Rickshaw Stop on your commute home and unwind.*

Learn the city's biking secrets from fellow cyclists and bask in the glory of a successful Bike to Work Day! Fabulous prizes to be raffled off! Don't miss it.

Located at Rickshaw Stop, 155 Fell St (at Franklin) in San Francisco.

Hosted by San Francisco Bicycle Coalition. For more information, please go to [www.sfbike.org/?btwd](http://www.sfbike.org/?btwd).

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### **Commuter Convoys**

7:45AM-7:45AM

In time for Bike to Work Day, we're getting newbie cyclists comfortable on their morning commute by providing an opportunity to roll downtown in the company of other cyclists. Formerly called "Bike Buses," we'll have Commuter Convoys departing each of the eleven districts from neighborhood meet-up spots, bound for downtown. For locations and details go to: <http://www.sfbike.org/?commuterconvoy>

San Francisco.

Hosted by San Francisco Bicycle Coalition. For more information, please go to [www.sfbike.org/?commuterconvoy](http://www.sfbike.org/?commuterconvoy).

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### **Bike Away from Work Party**

5:30PM-8:30PM

The Bike Away From Work Party returns on Thursday, May 14 starting at 5:30pm in the Temescal District of Oakland at Telegraph and 49th, right at Frazee Paint Store. Cyclecide, the heavy pedal bike rodeo, will perform and entertain with their crazy bikes and rides. Local bicycle fashionistas will compete in a "Project Runway" fashion show. Trumer Pils Brauerei, local Berkeley brewery, is pouring beer the beer. Music, food, prizes, awards, fun and games for all as we celebrate our biggest day of the year. We recognize the winners of the Bike Commuter of the Year Awards in both Contra Costa and Alameda Counties. Open to all cycling enthusiasts in the East Bay.

Located at Temescal District, Telegraph & 49th St, a couple of blocks from MacArthur BART Station in Oakland.

Hosted by East Bay Bicycle Coalition. For more information, please email Dave Campbell at [dcampbel@lmi.net](mailto:dcampbel@lmi.net) or go to [www.ebbc.org/btwd](http://www.ebbc.org/btwd).

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## **Saturday, May 16th**

### **New map and membership station**

9:00AM-12:00PM

Pathside station to show/sell new edition of Marin Bicycle Map and recruit new members for MCBC.

Located at 85 Throckmorton Ave. in Mill Valley.

Hosted by Marin County Bicycle Coalition. For more information, please call Tom Boss, MCBC Membership Director at 272-2756, email [tom@marinbike.org](mailto:tom@marinbike.org) or logon to [www.marinbike.org](http://www.marinbike.org).

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### **El Cerrito Bicycle Safety Day**

12:00PM-4:00PM

Free Drop-In Bicycle Safety Day event for Cyclists of ALL LEVELS...from Kids to Commuters, Everyone is Welcome! Test your skills in a variety of obstacle courses Learn about local bike resources Talk with a police officer about rules of the road Please bring your bicycle, helmet and water bottle

Located at DMV parking lot, 6400 Manila Ave in El Cerrito.

Hosted by El Cerrito Police Department. For more information, please email Sgt. Shawn Maples at [shm@ci.el-cerrito.ca.us](mailto:shm@ci.el-cerrito.ca.us) or go to <http://www.ebbc.org/?q=elcerrito>.

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### **El Cerrito Bicycle Safety Day**

12:00PM-4:00PM

Free Drop-In Bicycle Safety Day event for Cyclists of ALL LEVELS...from Kids to Commuters, Everyone is Welcome! Test your skills in a variety of obstacle courses Learn about local bike resources Talk with a police officer about rules of the road Please bring your bicycle, helmet and water bottle

Located at DMV parking lot, 6400 Manila Ave in El Cerrito.

Hosted by El Cerrito Police Department. For more information, please email Sgt. Shawn Maples at [shm@ci.el-cerrito.ca.us](mailto:shm@ci.el-cerrito.ca.us).

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Sunday, May 17th

**3rd Annual Mountain Bike Film Festival**

TBA

*Screening of short films about mountain biking.*

San Rafael.

Hosted by Access 4 Bikes.

**Oakland on Two Wheels Bike Tour**

10:00AM-12:00PM

*Explore Oakland and its environs with the museum's bike-tripping docents the third Sunday of the month as we leisurely wend our way through downtown, Fruitvale, the Port of Oakland, West Oakland, Brooklyn, or Lake Merritt. Reservations are a good idea, (docentcenter@museumca.org or 510/238-3514) but if you forget, come anyway. Bring your own bikes, helmets, and repair kits. at 10 a.m. Free.*

Located at Oakland Museum, Meet at 10th Street entrance in Oakland.

Hosted by Oakland Museum Bike Trippers.

**Green Albany Day**

11:00AM-3:00PM

*Come join the community and learn how to green your lifestyle at work, home and play. Educational workshops, green businesses and environmental organizations will also be on hand to offer assistance and tools to help reduce your carbon footprint. Special planning workshops will be held to gain public input on the City's Climate Action Plan throughout the day.*

Located at Veterans Memorial Building, Memorial Park, 1325 Portland Ave. in Albany.

Hosted by Albany Strollers & Rollers. For more information, please go to

<http://www.ebbc.org/?q=node/2947>.

Tuesday, May 19th

**Haul Stuff With Your Bike -- Commute Clinic**

6:30PM-8:30PM

*Who needs a car to haul that \_\_\_\_\_? From books and office presentations to grocery and lumber to your dog, we'll show you it's possible to carry the things you need using your bike. Produced in partnership with Sonoma County Transportation Agency and supported by Measure M.*

Located at 655 First Street, 1st Floor in Santa Rosa.

Hosted by Sonoma County Bicycle Coalition . For more information, please call

Sandra Lupien at 707-545-0153, email [SandraL@BikeSonoma.org](mailto:SandraL@BikeSonoma.org) or logon to

[www.BikeSonoma.org](http://www.BikeSonoma.org).

Thursday, May 21st

**Bicycle Safety Class: Walnut Creek**

5:30PM-9:00PM

*Learn to Drive a Bike - FREE Urban Bike Safety Classes! 3.5-hour classroom course, teaches basics of safe cycling, riding in traffic, equipment, crash avoidance, rights and responsibilities. Adults 14 and over. No bike needed.*

Located at Sports Basement, 1881 Ygnacio Valley Rd in Walnut Creek.

Hosted by East Bay Bicycle Coalition. For more information, please call Dave

Campbell at 510.701.5971, email [safety@ebbc.org](mailto:safety@ebbc.org) or logon to

[www.ebbc.org/safety](http://www.ebbc.org/safety).

Saturday, May 23rd

**Bike-in Movie**

8:00PM-10:00PM

*Bike to the Movies! View the amazing film, "Klunkerz," a documentary about the beginnings of Mountain Biking, right here in Northern California. Features Gary Fisher, Joe Breeze and others. We'll have popcorn, beer, sodas, candy... A super-fun time, and of course there's bike parking. \$8-\$15 sliding scale donation.*

Located at 655 First Street, 1st Floor in Santa Rosa.

Hosted by Sonoma County Bicycle Coalition. For more information, please call

Sandra Lupien at 707-545-0153, email [SandraL@BikeSonoma.org](mailto:SandraL@BikeSonoma.org) or logon to [www.BikeSonoma.org](http://www.BikeSonoma.org).

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**How to Bike Anywhere and Fix a Flat**

10:30AM-12:00PM

*Just in time for Bike to Work Day (and beyond!), the SFBC will show you the best way to get around town quickly and safely by bike and how to fix a flat tire--the most important bike maintenance skill. All this great info in just 90 minutes!*

Located at San Francisco Public Library, Main Branch, Koret Auditorium, 100 Larkin St (at Grove) in San Francisco.

Hosted by San Francisco Bicycle Coalition. For more information, please go to [www.sfbike.org](http://www.sfbike.org).

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Saturday, June 13th

**Bike Swap and Bike Skills Rodeo**

9:00AM-2:00PM

*Get a great bike, gear, bike clothes, or bike-related art/craft items here! Vendors rent space at low rates -- bring your great stuff. Sell individual bikes. Donate bike-related items to SCBC and we'll sell them to raise funds. And, bring your kids for a great bike skills "rodeo."*

Located at Veteran's Memorial Building parking lot -- 1391 Maple Ave in Santa Rosa.

Hosted by Sonoma County Bicycle Coalition, in partnership with Community Bikes, others. For more information, please call Sandra Lupien at 707-545-0153, email [SandraL@BikeSonoma.org](mailto:SandraL@BikeSonoma.org) or logon to [www.BikeSonoma.org](http://www.BikeSonoma.org).

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**SFBC Bike Buddy Route Ride: Polk St and the Marina Wiggle**

2:00PM-3:00PM

*Each second Saturday of the month the SFBC Bike Buddies hit the street to acquaint new riders with common or tricky bike commute routes in San Francisco with a Route Ride. An experienced bike commuter leads these rides at an easy pace; new riders are encouraged. In June, learn the best North-South bike route through the middle of the city. Roll through Fort Mason and by the Marina Green, and learn to connect these scenic bike paths with everyday commuter routes. The ride will begin and end at City Hall. Heavy rain cancels.*

Located at City Hall (Polk St. Steps) in San Francisco.

Hosted by San Francisco Bicycle Coalition. For more information, please go to [www.sfbike.org/?bikebuddy](http://www.sfbike.org/?bikebuddy).

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**Berkeley Family Festival & Bike Rodeo**

11:00AM-3:00PM

*The Family Festival & Bike Rodeo is a family celebration of bike safety and physical activity and is open to everyone! Activities include an obstacle course, mock city, bicycle tours, face painting, performers, bike maintenance and fix-a-flat stations, blood pressure screenings, raffle prizes and lots of other activities and health resources! Free bicycle helmets for all kids that participate! Feel free to bring bikes, scooters and/or skateboards. There will be some bicycles available for use.*

Located at San Pablo Park-- 2800 Park St in Berkeley.

Hosted by Berkeley Health Department. For more information, please call Amy Ranger at 5510-981-5326, email [aranger@cityofberkeley.info](mailto:aranger@cityofberkeley.info) or logon to [www.cityofberkeley.info/publichealth](http://www.cityofberkeley.info/publichealth).

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